

# Are You A Respector of Persons?

by Pattie DeLea

Beloved in Christ, before you can answer this question you'll need to consider three things. First, what is a respector of persons as shown in the Bible? Second, you'll need to consider your actions and/or thoughts in various circumstances. Third, you'll need to pray for the Holy Spirit's help to show you if you are a respector of persons — and if so, repent!

Let's begin by seeing what respect is defined as in the dictionary. Webster's says it is an act of giving particular attention or consideration, a high or special regard, esteeming, quality or state of being esteemed, expressions of respect or deference. So according to this, respect is a good and virtuous thing and a great attribute for a Christian. Respect is, however, like many "good things" when overdone, something that could turn into a bad habit. We all know that respect is not at an all time high in this nation, however, as a believer in Jesus Christ we should all respect God, our country, our leaders, our parents, one another, and all human beings. This should be a given.

In the Word of God it clearly shows us that God is "Not a Respector of Persons". For example:

Romans 2:11 *For God shows no partiality [undue favor or unfairness; with Him one man is not different from another].*

Ephesians 6:9 *You masters, act on the same [principle] toward them and give up threatening and using violent and abusive words, knowing that He Who is both their Master and yours is in heaven, and that there is no respect of persons [no partiality] with Him.*

Colossians 3:25 *For he who deals wrongfully will [reap the fruit of his folly and] be punished for his wrongdoing. And [with God] there is no partiality [no matter what a person's position may be, whether he is the slave or the master].*

If God is no respector of persons then what exactly does this mean? Well, in the Word of God when it speaks of not being a respector of persons it means to show partiality to one over another, to honor, to respect one individual over or before another, to show undo favor, unfairness etc. If you do this habitually it borders on idolatry because you are idolizing one person and preferring them over another. You think your choice is better than any other. God does not do this and according to Ephe-

sians 5:1 we are to be imitators of Him as dear children.

Ephesians 5:1 *Therefore be imitators of God [copy Him and follow His example], as well-beloved children [imitate their father].*

If our heart's desire is to please the Lord above all else, one way to imitate Him is to not "show partiality or have favorites." If you see yourself being this way, you need to ask the Holy Spirit, the Spirit of Truth to examine your heart. I've seen this in both churches and Christian groups, which I find very sad. It is not a reflection of Jesus. Why is this wrong? Well, it diminishes those we pass over. It is telling them "you are not worthy of my time, you are less than so and so, I don't value you or your assistance etc. Human nature loves to give help to those who are wealthy, talented, or good looking and successful. I personally believe many times it stems from one's own insecurities. But we, as Christians, need to look at whom the Holy Spirit is pointing out to us — help this one, encourage that one, promote this one, bless so and so etc. Let the Spirit lead instead of our human nature. We believers need to be more discerning of people and not judge them according to our own sight, but by God's outlook of them.

Let's look at the following verses in the book of James.

James 2:1-4 *<sup>1</sup>My brethren, pay no servile regard to people [show no prejudice, no partiality]. Do not [attempt to] hold and practice the faith of our Lord Jesus Christ [the Lord] of glory [together with snobbery]! <sup>2</sup>For if a person comes into your congregation whose hands are adorned with gold rings and who is wearing splendid apparel, and also a poor [man] in shabby clothes comes in, <sup>3</sup>And you pay special attention to the one who wears the splendid clothes and say to him, Sit here in this preferable seat! while you tell the poor [man], Stand there! or, Sit there on the floor at my feet! <sup>4</sup>Are you not discriminating among your own and becoming critics and judges with wrong motives?*

James uses the Word partiality in verse one. Webster defined this as "biased to one party; inclined to favor one party in a cause, or one side of a question, more than the other; not indifferent." A second meaning emphasizes favoring something "without reason," and a third, "affecting a part only; not general or universal; not total," implies dividing or separating things apart from the

# Israeli Medicine in the News

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## Heart Fitness Test Using Sweat



Several years ago, amateur athlete Hemi Re'em was shocked to discover that his coronary arteries were 90 percent blocked despite his seemingly good health. This set him on a path to cofounding Yopi Technologies.

He began running triathlons in the 1990s and eventually made it to the Ironman World Championship — an ultra-triathlon held annually in the US since 1978.

It was quite the surprise to Re'em, when one day, at age 52, he found himself being wheeled off into an operating room for heart bypass surgery.

His doctor asked him to try and recall whether there were any early signs of a potential heart problem. "And there were," Re'em admits. "I just put them down to the wrong diet, bad sleep and not enough training.

That's when Re'em realized that heartrate is not a good indicator of a developing heart problem. "I told myself that there has to be another way to monitor our bodies."

Up until now, the only way to measure volume and oxygen (VO2) — cardiologists' gold standard for determining cardiorespiratory fitness — was through a mask device or expensive tests available only in specialized laboratories.

"The amount of oxygen the body consumes to complete physical tasks indicates how hard the heart is working," says Re'em. The higher your VO2 score is, the more strained your heart is likely to be.

"I thought to myself, 'It can't be that there isn't another way to measure VO2.'"

Re'em began looking at cardiovascular research and discovered that there are electrolytes in blood and sweat that act as indicators. "Blood wasn't feasible; you can't get a blood test while you're running. So we said, 'Let's try sweat.'"

Yopi is a first-of-its-kind, AI-based wearable device that monitors oxygen consumption through electrolytes in the sweat. The goal is to detect heart deterioration and measure overall wellness. Up until now, the only way to measure volume and oxygen (VO2) — cardiologists' gold standard for determining cardiorespiratory fitness — was through a mask device or expensive tests available only in specialized laboratories.

The year-long research was the basis for the official founding of Yopi in August 2017 by Re'em and his cofounder Dr. Menahem Genut — who previously founded nanomaterial company ApNano Materials.

Yopi shows the wearer's respiratory exchange rate and which macronutrients — carbohydrates, fat or protein — the oxygen in the body utilizes more to create energy. "The device also shows the amount of lactic acid in the body [lactic acid buildup can lead to muscle fatigue and tissue damage] and how much energy it invests into particular tasks. The perfect analysis," Re'em says.

The device, which will retail for \$300, is intended to be worn on the arm. The sensor, costing \$3-\$5, gets replaced after every 20 hours of use. The monitor also connects to a Yopi smartphone app.

"It's a revolution," adds Re'em. "The VO2-measuring mask retails at \$6,000."



He says if the 2024 mass market rollout succeeds in Israel, Yopi already has "distributors waiting for us" elsewhere. Meanwhile, the company continues to tweak the device, hoping to make it the size of a smart-watch.